



## I Am Responsible Workbooks Pre-Program Survey - Inmate Workbooks

Name \_\_\_\_\_ Age \_\_\_\_\_

Facility/Location \_\_\_\_\_

Guide/Pastor \_\_\_\_\_

Date: \_\_\_\_\_ Sex: \_\_\_\_\_ Male \_\_\_\_\_ Female

Children?  Yes  No      Ages? \_\_\_\_\_

Every day, people make choices. Some choices are made as conscious decisions, others are instinctive reactions. All have consequences. How do you make your choices?

1. Do you ever think about how your choices will impact others?

|        |           |       |
|--------|-----------|-------|
| Always | Sometimes | Never |
|--------|-----------|-------|

2. Do you watch how others interact with people around them? Some people smile and are openly engaged, while others are shy or try to avoid contact. How conscious are you about others? Do you notice if someone is friendly or unfriendly or mean to someone around you?

- I'm very aware, always, of how others are interacting around me
- I don't pay much attention to how people respond to others; occasionally I'll notice
- I never really thought about it

3. Do you think about personal responsibility as you make choices?

|        |           |       |
|--------|-----------|-------|
| Always | Sometimes | Never |
|--------|-----------|-------|

4. Have you ever written a diary or journal describing how you make your choices, or about the things that influence how you make choices?

|     |    |
|-----|----|
| Yes | No |
|-----|----|

Comments(optional) \_\_\_\_\_

---

---

---

---

---

---



## I Am Responsible Workbooks Post-Program Evaluation – Inmate Workbooks

Name \_\_\_\_\_ Date \_\_\_\_\_

1. How active were you in this program?

|               |           |              |
|---------------|-----------|--------------|
| Always Active | Sometimes | Never Active |
|---------------|-----------|--------------|

2. Did you find the discussions of the “letter” words helpful?

|              |                  |             |
|--------------|------------------|-------------|
| Very Helpful | Somewhat Helpful | Not Helpful |
|--------------|------------------|-------------|

3. Approximately how many of the 26 letter pages did you read/discuss?

- All or almost all 26
- At least half
- Only a few
- Only a few, but there was only a limited amount of time available

4. Approximately how many of the 26 “letters” did you write about in your workbook?

- All or close to all 26
- About half
- Only a few
- Only a few, but there was only a limited amount of time available

5. Has the workbook changed your perceptions about responsibility?

- Definitely. I am much more conscious of how I interact with others. This program has been very helpful. I will act differently in some situations because of the workbooks
- I have become somewhat more aware of how I interact. I am more conscious of things I say and do.
- I don't feel I have been helped

6. Was it helpful to choose your own responsibility words and to write your own thoughts?

- Yes, definitely.
- I found choosing a word and writing about how it relates to personal responsibility somewhat helpful.
- I did not find the program that helpful. I don't feel I will act differently.

7. Would you recommend participating in an I Am Responsible session to others?

- Definitely. I think others would benefit
- Yes, I think the sessions were somewhat helpful and might be useful to others
- No, I do not plan to recommend this program to others

Comments(optional) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_